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**Accomplishments and Goals of Larimer County Commissioners Topic of November CSUWA Meeting**

At the November meeting of CSUWA, **Larimer County Commissioner Kristin Stephens** will present **Larimer County Commissioners: Accomplishments and Goals**

Commissioner Stephens will discuss some of the recent successes of the Board of County Commissioners, including: strengthening Larimer County's Oil and Gas regulations; revising Larimer County's Land Use Code; creating a new Equity, Diversity, and Inclusion Board; and moving forward with Larimer County's Climate Action plan. Kristin will also discuss goals for the upcoming year, including: working with mobile home parks on zoning issues; operationalizing Larimer County's Climate Action plan; working on affordable housing, childcare, and homelessness; and collaborating with regional partners on how to spend Larimer County's American Rescue Plan dollars.

Kristin Stephens became a Larimer County Commissioner for District II in January 2021. She served as a City of Fort Collins City Council member from 2015 to 2021, and served as Mayor Pro Tem from 2019 to 2021. Kristin received her B.A. Degree in History from Colorado State University.



Learn more about the Larimer County Commissioners by visiting <https://www.larimer.org/bocc>

**Attend Commissioner Stephens' presentation on Thursday, November 11 at 10:00 AM via ZOOM. Meeting access information will be sent via email in early November!**



## Message From CSUWA President



Dear Ladies of CSUWA,

I can't believe it's almost November! And still, we are in the grip of the COVID Pandemic. Our hopes are that you and your family are well, and look forward to safe holidays.

Sadly, again, the November 11th meeting is rapidly approaching, and at newsletter deadline, we are just going under a new mask mandate for all of Larimer County. One thing we know is that Kristin Stephens, County Commissioner will present an interesting and informative program. I will let you know at least a week ahead of time by e-mail if we will ZOOM or meet in person! Special thanks to A-Young Woody and Jennifer Anderson for the amazing and informative programs that they provide for us.

The budget was unanimously passed at the October 14th meeting. Special thanks to Peggy Reeves, Treasurer, for her meticulous work on the budget details. The budget depends on 75 paid members; currently we are at 51 paid members.

Which reminds me, please send your dues to Peggy as soon as you can. They are due by Halloween in order to have your name in the membership booklet. We hope to distribute hard copy of the booklet at the November meeting...in person, fingers crossed. Please contact Peggy Reeves, Treasurer, at 970-482-8952 if you have questions.

Thanks to all who visited Cathy Weir's home on Monday, October 18th to pay dues or buy cards, especially to Cathy for opening her home, and to her always faithful helpers. Those who stopped by were delighted as always with the quality of the cards. Creative Cards is more than halfway to one scholarship!

If you haven't done so yet, try to "Recruit a New Member" There are many people, who like us, love CSU, love learning, and love to help students. Our programs further our learning, and Interest Groups help us learn new things and further explore personal interest areas. Please think about a person or two that you could invite to join. Refer them to our website for more information – <https://csuwa.colostate.edu>.

Special thanks to Ronda Koski, our newsletter editor, for our always news-filled editions.

Please always feel free to contact me with suggestions, questions, and constructive criticism.

I am LOOKING FORWARD TO SEEING EVERYONE in person or on Zoom and enjoying an informative program!



~ Barb Wallner, CSUWA President

## About CSUWA Interest Groups

### Gourmet Interest Group



The CSUWA Gourmet Interest Group has been meeting for many decades. Like so many other groups, we have had to adjust to the Corona Virus. Thanks to Bob and Joan Meroney, we have been getting together on Zoom the last year or so.

This last summer was a wonderful change. Jennifer and Oren Anderson hosted us at their neighborhood park on Lindenmeier Lake. Then toward the end of the summer we met on Patt and Chet Moore's patio and deck to share appetizers, desserts and wine. As you can imagine, it was very special for us to meet in person. Now that it's too cold to be outside, we are now back to Zooming until it is safe to be together again for a gourmet dinner in one of our homes.

Bon Appetit!

~ Peggy Reeves



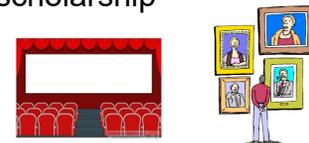
### Creative Cards Interest Group

Members of the Card Group have been busy this fall making cards and Cathy has worked hard to sell as many cards as possible! As of this writing, our scholarship fund is at \$1,547.00 We are getting closer to our goal of \$2500. Mainly because of Covid restrictions, we have been unable to participate in craft sales this fall. On October 18, the CSUWA set up a time for members to buy cards at Cathy's house. We were able to collect \$135 from card sales that day. Thanks to all who bought cards. One of our members, Marie Henninger, brought several of her friends and neighbors to buy cards and we encourage all of you to do the same!

Please call Cathy at 970-225-9241 if you would like to set up a time to go to her house to buy cards and please bring your friends and neighbors! Cathy is fully vaccinated and requires all who enter her house to please wear a mask. Her address is 800 Sandy Cove Lane in Fort Collins. Thanks in advance for your support of the scholarship

~ Patti Chapman

### Theater and Arts Interest Group



The Theater and Arts interest group has not been able to meet for the past 1 1/2 years, but we hope to start meeting again by January, 2022! The group meets once a month to go to live theaters, museums, and other artistic venues. Contact me at 970-484-4824 if you would like to join the group ... I hope that we'll be able to get together soon!

~ Elizebeth Kearney

## What the CSU Women's Association Means to Me

Becoming a part of the CSUWA helped me adjust to my new home, to learn about the university and our city, and to meet women who over the years have become life-long friends. I particularly loved meeting people from many departments across the university.

When Brent and I moved to Fort Collins in 1966 the University had about 12,000 enrolled students. Colorado State was the main employer in our community. There was very little growth south of Prospect. So hard to imagine now! I wish I had photos or videos of our community back then.

The CSU Women's Association was a very important organization for faculty wives, and I joined very soon after we moved here. It seemed that almost every faculty wife was a member. Many women back then did not have their own careers. Meetings were held on the CSU campus. There were not the parking problems that we now experience.

There were many Interest Groups, and they were so important to my feeling of belonging in this brand-new place. Since I grew up in the South and had never lived in the West, I really enjoyed the Western Literature Interest Group and remember how much fun it was to learn about the Rocky Mountain region. The author Wallace Stegner was a favorite of mine and opened my eyes to the beauty of this part of the country. I still remember reading Death Comes for the Archbishop by Willa Cather and wanting to visit Santa Fe as soon as possible after reading it and still love going there.

The Gourmet Group has been a wonderful part of my life for decades. Once I began representing Fort Collins in the Colorado General Assembly in 1983, I could not attend our monthly meetings. I remained a member for the twenty years I was in Denver; the dues were modest and helped students financially. Despite my other commitments, I could still be a part of the Gourmet Interest Group. Spouses were included, and we met on the weekends so I could participate. That kept me connected to the CSU Women's Association through the years. Members are from varied departments across the campus and that leads to interesting conversations. Despite COVID we have continued to meet on Zoom although we can't share excellent dinners and wine in person. We have to depend on our imaginations.

Education has been central to the CSU Women's Association, and I love that we can band together and support scholarships for students year after year. That is one more powerful reason that the CSU Women's Association means a lot to me.

~ Peggy Reeves

“When you arise in the morning,  
give thanks for the food and for the joy of living.  
If you see no reason for giving thanks, the fault lies only in yourself.”

~ Tecumseh

1768 – 1813 Chief and warrior of the Shawnee Nation

Tecumseh promoted inter-tribal unity, and promoted resistance to the European invasion and take over of Native American lands and the westward expansion of the United States of America

## CSUWA Through the Years

“Carrie Richards was a “vivacious and appealing classmate” of Charles Lory and in 1898 the two graduated together from the State Normal School at Greeley, Colorado (now the University of Northern Colorado). Six years later in 1940 they were married. They had one daughter. Carrie Lory was an excellent helpmate for Charles Lory during the thirty-one years that he was president of the State [Colorado] Agricultural College (CAC). “Her own qualities of leadership and personal warmth did much to encourage a productive relationship between the college and the community that it served.”

Carrie Lory was also the instigator of the Loan Fund for needy college students. The fund enabled women and later men to finish their education. She maintained records of those who had repaid their loans and those loans which were still outstanding. In 1941 the name of the Women’s Association Loan Fund became the Carrie R. Lory Loan Fund. Carrie Lory administered the loan fund for twenty-nine years.”

Carrie Richards Lory, served as the second President of the Colorado Agricultural College Women’s Association (now Colorado State University Women’s Association) from 1913-1914. Carrie Richards Lory passed away in 1948.

~ from [CSU Women’s Association History and Past Presidents 1912-2002](#)

### Creative Cards Interest Group Announces November Blanket Lottery!

The **CSUWA Creative Cards Interest Group** is having a **lottery** for this beautiful black, white, and green **blanket made by Marie Henniger!**

Lottery tickets are \$10 each, and may also be used for \$10 worth of cards, earrings ,bags and other items available at our card sales. Thus, even if you are not the Christmas blanket winner you have the option to buy \$10 worth of our sale items! If we meet in person, transactions will be at the church. If not in person, ticket can be used at Cathy's house or at the church whenever we meet. The blanket will be available after the meeting when the winner is announced.



Any checks made out for tickets must be made to **Cathy Weir** in order to go toward our card group scholarship. To reserve your lottery ticket(s), either call **Cathy Weir** at 970 225-9241 OR tell **Patti Chapman** at the November CSUWA ZOOM meeting. We will keep track of the participants and invite the lottery winner to attend an upcoming CSUWA Board meeting. You may use your \$10 tickets as soon as you reserve them as the record will be at the card sale tables! Thanks for all your support!

~ Patti Chapman and Cathy Weir

## CSU Extension Wellness Classes

Join weekly wellness ZOOM classes from the comfort of your home November – December . ZOOM “classrooms” will open 10 minutes before class start time.

All classes are FREE and open to the public!

### Morning Meditation: Thursdays 9:00 – 10:00 am - ONLINE

**Nov. 4 & 18 Dec. 2 & 16**

Join us for morning meditation sessions. You will receive basic instruction as well as guided meditations, mindfulness reflections, and time for silent practice. Our practices, which vary week to week, will support you in cultivating mindful awareness, presence, and compassion. All levels are welcomed!

### Positive Brain Change - ONLINE

Tuesday, November 16, 9:00 – 10:30 am

Recent research in neuroscience tells us that we can change our brains regardless of age or circumstance. This class will explore the concept of positive neuroplasticity, which refers to our ability to rewire our brains toward greater positivity and contentment. We will explore practices that help us undo our negativity bias and direct our brain toward the good. We will experiment with practices that help us develop our inner resources like gratitude, compassion, and resilience.

**Register for classes at:**

<https://larimer.extension.colostate.edu/classes-and-workshops/health-and-wellness/>

For additional information, contact Sue Schneider, Ph.D. at [sdschneider@larimer.org](mailto:sdschneider@larimer.org).



## Thanksgiving Day History



- Over the past several centuries, Thanksgiving in the United States has been observed on differing dates. From the time of the Founding Fathers until the time of Abraham Lincoln, the date of observance varied from state to state.
- By the beginning of the 19<sup>th</sup> century, the last Thursday in November had become the customary date in most states of the United States of America... coinciding with (and eventually superseding) Evacuation Day (the day commemorating the day the British exited the United States after the Revolutionary War).
- Thanks to the persistence of a woman named **Sarah Josepha Hale**, Abraham Lincoln in 1863 proclaimed that Thanksgiving Day would be celebrated on the LAST Thursday in November for all states. For over four decades, **Sarah Josepha Hale** had written letters to numerous politicians advocating for an official Thanksgiving Day holiday! Lincoln established the national Thanksgiving Day explicitly for celebration of the “bounties that had continued to fall on the Union and for the military successes in the war”, and in “humble penitence for our national perverseness and disobedience”. However, because of the ongoing Civil War, nationwide Thanksgiving Day celebrations did not occur until Reconstruction was completed in the 1870s.
- Seventy-six years after Lincoln’s proclamation, on the 31<sup>st</sup> of October in 1939, President Franklin D. Roosevelt signed a presidential proclamation changing the holiday to the NEXT TO THE LAST Thursday in November, for “business reasons”. And later, on the 26<sup>th</sup> of December in 1941, Roosevelt signed a joint resolution of Congress changing the national Thanksgiving Day to the FOURTH Thursday in November.

**2021-2022  
CSU Women's Association Board Officers**

**President:****Barbara Wallner**

wallner2700@comcast.net  
204-1334/481-0442

**Co-Vice Presidents & Program Co-Chairs:****Jennifer Anderson****&****A Young Woody**

Jennifer.Anderson@colostate.edu  
484-6849/222-1349

A-Young.Woody@colostate.edu  
402-7373

**Secretary:****Lynn Caldwell**

lynn.caldwell@msn.com  
282-0446/278-7980

**Treasurer:****Peggy Reeves**

peggyreeves1@comcast.net  
482-8952

**Past President:****Linda Paule**

lindapaule@comcast.net  
493-6005

**Standing Committee Chairs**

**Hostess Committee:****Elizbeth Kearney****&****Ellie Pearson**

elizkearney@comcast.net  
484-4824

epear1908@gmail.com  
484-2367

**Support Services Providers**

**Newsletter:****Ronda Koski**

ronda.koski@colostate.edu  
568-9745/217-5286

**Corresponding Secretary:****Susan McGill**

smcgill21@comcast.net  
493-8694

**Historian:****Lynn Caldwell**

lynn.caldwell@msn.com  
282-0446/278-7980

**CSU Liaisons:****Marilyn Butcher****&****Marisa Reginaldo**

marilyn.butcher@colostate.edu  
491-6588/372-9005

reginalm@colostate.edu  
491-5171

**Colorado State University Women’s Association  
2021-2022 Membership Form**

Name \_\_\_\_\_

Put an “X” in this box if your contact information is the same as it was last year.  
IF so, you do not need to fill in address, phone, and email information.

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Preferred phone \_\_\_\_\_ Other phone \_\_\_\_\_

Email \_\_\_\_\_

**Optional information**

Spouse \_\_\_\_\_ CSU affiliation \_\_\_\_\_

Department, College, other

\_\_\_\_\_ Renewing member

\_\_\_\_\_ New member

**Annual dues: \$25**

**Make check payable to: CSUWA**

**Mail annual dues to:**

**Peggy Reeves, 1931 Sandalwood Lane, Fort Collins CO 80526**

**Fifteen dollars of your annual dues will be used for scholarships this year!**

Please send only dues to **Peggy Reeves**.

**Want to give an additional donation?**

Please send that directly to the **CSU Foundation** for proper acknowledgement.

Make check payable to the **CSU Foundation**.

Note designation of gift on the memo line of the check.

For example:

CSUWA Endowment; CSUWA Scholarships; or \_\_\_\_\_ Scholarship, etc.

Send to: PO BOX 1870, Fort Collins, CO 80522-1870.

Questions? Contact **Peggy Reeves**, CSUWA Treasurer, at 970 482-8952.

**Members to Keep In Our Thoughts and Prayers**

If you know of a CSUWA member you think would like to receive a card because of illness, bereavement, achievement, or other happening,

please contact CSUWA Corresponding Secretary **Susan McGill** at:

970-493-8694 or [smcgill21@comcast.net](mailto:smcgill21@comcast.net)

