



Newsletter

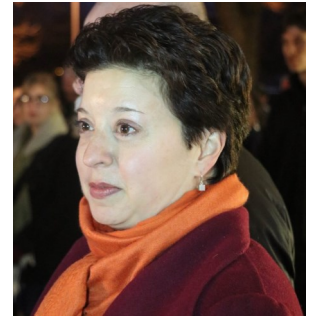
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Museum of Art | Fort Collins Topic of October CSUWA Meeting

Lisa Hatchadoorian, Executive Director of the Museum of Art | Fort Collins, will present



Museum of Art Fort Collins: Art for our Community and Beyond

at the October 14 CSUWA meeting!

Museum of Art | Fort Collins is located at 201 S. College Avenue...in the Old Fort Collins Post Office building! Lisa received a B.A. in Art History and Music from the University of Virginia and an MA in Curatorial Studies of Contemporary Art from Bard College (Annandale-on-Hudson, New York). Her experience in arts administration, curating, public art projects and fundraising has ranged from the corporate to academic, municipal, and non-profit museum venues. She has over twenty years of experience in arts administration, grant writing, curating, conceiving, and writing about contemporary art exhibitions and artists. Lisa has been a visiting lecturer at the Osher Lifelong Learning Institute (OLLI) at Colorado State University (Fort Collins, Colorado), Casper College (Casper, Wyoming), and Rowan University (Glassboro, New Jersey).

Lisa is currently a Board member of the **Ucross Foundation** (Clearmont, Wyoming), 20,000-acre ranch and artist retreat that provides a “magical setting for individual creative work, reflection, innovation, and dreaming” for selected visual artists, writers, and composers! Learn more about **Ucross Foundation** at: <https://www.ucrossfoundation.org/>.

Learn more about the Museum of Art | Fort Collins at: <https://moafc.org/>.

Attend Lisa Hatchadoorian’s presentation on Thursday, October 14 at 10:00 am . Meeting location or access information will be sent via email in early October!

Message From CSUWA President



Dear Ladies of CSUWA,

I hope this finds you all well and enjoying the cooler nights, but especially the cooler days...too many 90 degree plus days this year for me! Fall has arrived, definitely the most colorful season!

The October 14th meeting is rapidly approaching, and at newsletter deadline, we don't know if we will be able to meet in person or meet by Zoom again. One thing we know is that it will be a GREAT program. Lisa Hatchadoorian, Executive Director of the Museum of Art will present our program this month. I will let you know at least a week ahead of time by e-mail if we will ZOOM or meet in person! Special thanks to A-Young Woody and Jennifer Anderson for the amazing and informative programs that they provide for us.

A regular task as part of our October meeting is approving the Proposed Budget. The budget, as well as a message from Peggy, is included in this issue of the newsletter; please review the budget before the meeting. Special thanks to Peggy Reeves, Treasurer, for her meticulous work on the budget details.

Which reminds me, please send your dues to Peggy as soon as you can. They are due by Halloween in order to have your name in the membership booklet. We hope to distribute hard copy of the booklet at the November meeting...in person, fingers crossed. Please contact Peggy Reeves, Treasurer, if you have questions at 970-482-8952.

If you haven't done so yet, try to "Recruit a New Member" There are many people, who like us, love CSU, love learning, and love to help students. Our programs further our learning, and Interest Groups help us further explore personal interest areas. So, please think about a person or two that you could invite to join. Refer them to our website for more information – <https://csuwa.colostate.edu>.

Special thanks to Ronda Koski, our newsletter editor, for our always news-filled editions. Please always feel free to contact me with suggestions, questions, and constructive criticism.

I am LOOKING FORWARD TO SEEING EVERYONE in person or on Zoom and enjoying an informative program!



~ Barb Wallner, CSUWA President

2021-2022 CSUWA Proposed Budget

INCOME/REVENUE	BUDGET	REVENUE
Balance Year End 2020-2021	\$ 2,446.94	\$ 2,446.94
Dues - 75 @ \$25	\$ 1,875.00	
Misc Contributions		
TOTAL INCOME/REVENUE	\$ 3,846.71	\$ 2,446.94
EXPENSES	BUDGET	EXPENDITURES
Meeting Room - Church 8 @ \$25	\$ 200.00	
Meeting Coffee Expense 8 @ \$15	\$ 120.00	
Gifts for Speakers	\$ 70.00	
Paper Goods	\$ 10.00	
Membership Directory	\$ 150.00	
Newsletter Distribution	\$ 50.00	
Correspondence	\$ 12.00	
Historian	\$ 0.00	
CSU Foundation Scholarship Fund	\$ 750.00	
CSU Foundation Scholarship Fund Endowment	\$ 375.00	
CSUWA website	Donor supported ?	Donor supported ?
Contingency	\$ 100.00	
TOTAL EXPENSES	\$ 1,837.00	
EXPECTED BALANCE	\$ 2,009.71	
FUNDS AVAILABLE - CURRENT	\$ 2,446.94	

Please look over the Proposed Budget.

We will vote on the budget at the meeting on October 14.

If you have any questions, contact **Peggy Reeves** at:

peggyreeves1@comcast.net or 970 482-8952.

“Containers” Theme of Exhibit at Global Village Museum of Arts and Cultures

How We Hold It: Containing Our Lives

An exhibition curated by Martha Denney, Museum co-founder and longtime board member.

The exhibition explores one of the earliest tools – the container – devised by humans as a way to collect, carry, protect, and preserve foods as well as other valuable goods.

“We rarely give thought to this concept, but when examined more closely, we realize our lives have been shaped by the box, bag, basket, bottle and bowl.”

Additional information available at: <https://globalvillagemuseum.org/>

**2021-2022
CSU Women's Association Board Officers**

President:**Barbara Wallner**wallner2700@comcast.net
204-1334/481-0442**Co-Vice Presidents & Program Co-Chairs:****Jennifer Anderson****&****A Young Woody**Jennifer.Anderson@colostate.edu
484-6849/222-1349A-Young.Woody@colostate.edu
402-7373**Secretary:****Lynn Caldwell**lynn.caldwell@msn.com
282-0446/278-7980**Treasurer:****Peggy Reeves**peggyreeves1@comcast.net
482-8952**Past President:****Linda Paule**lindapaule@comcast.net
493-6005

Standing Committee Chairs

Hostess Committee:**Elizebeth Kearney****&****Ellie Pearson**elizkearney@comcast.net
484-4824epear1908@gmail.com
484-2367

Support Services Providers

Newsletter:**Ronda Koski**ronda.koski@colostate.edu
568-9745/217-5286**Corresponding Secretary:****Susan McGill**smcgill21@comcast.net
493-8694**Historian:****Lynn Caldwell**lynn.caldwell@msn.com
282-0446/278-7980**CSU Liaisons:****Marilyn Butcher****&****Marisa Reginaldo**marilyn.butcher@colostate.edu
491-6588/372-9005reginalm@colostate.edu
491-5171

What the CSU Women’s Association Means to Me

It was July of 1979, and we moved into a brand new house, coming here for my husband’s job at CSU. Great, but I knew only one person in town—our realtor. I had never been to Colorado before the house-buying trip. Within a week, I received information about CSUWA. I immediately joined and soon discovered the informative meetings and very interesting, educated, kind, and welcoming ladies. Through this group and our daughters’ school, I soon had many wonderful friends.

Fast forward to 1988...we moved back to State College, PA, home of The Pennsylvania State University, again for my husband’s job. We lived there before coming to CSU, so I knew many people, and rejoined the Penn State Women’s Association. Then in 1995, we were lucky enough to get back to CSU, again for my husband’s job. I rejoined the CSUWA, and especially the Stamping Group—Creative Cards.

So, long story short, the importance over the years of CSUWA to me has been many things...a group that is always there for me (stability), a source of special friends (support), a way of supporting students through funding scholarships (part of dues, via our CSUWA endowment benefits, card sales), an easy way to become informed on many areas (educational programs), but best of all, a place where each person is valued (social and emotional support, affective growth).

The Creative Cards Interest Group has taught me a special activity, in which I can make something that looks like I am really talented (I’m not), AND the cards made can be sold to provide a few dollars (best bargain around!) for scholarships or made for personal use. I also remember the Blood Drive days...if I couldn’t be there to help blood donors get their orange juice, etc., I could always donate cookies. The feeling that I have “done something” is always a satisfying feeling, and the members of CSUWA have provided this for me over many years! Thanks to all!

Barb Wallner, CSUWA Member and current President

CSUWA Through the Years

“**Libby Coy** was born September 23, 1865 on her father’s farm near Fort Collins. She was the first white girl born in the Cache la Poudre Valley. She attended Fort Collins public schools and in 1880 was enrolled in the first class of Colorado Agricultural College [CAC]. She took a drawing and wood carving course taught by **James W. Lawrence** who in 1883 had been invited to the College to take charge of the Mechanical Engineering Department.

In 1884 **Libby Coy** was the **first woman to graduate from the [Colorado] Agricultural College**, along with George Glover and Leonidas Loomis. After teaching for two years at the College, she and James Lawrence were married June 19, 1890.

In addition to becoming president of the CAC Women’s Association, she was president of the Fort Collins Pioneer Society and a member of the Pioneer Women’s Society. She was also historian for the Fort Collins Women’s Club, established in 1889.“

Libby Coy Lawrence passed away at the age of 79 on September 18, 1944.

~ from [CSU Women’s Association History and Past Presidents 1912-2002](#)

CSU Extension Wellness Classes

Join weekly wellness ZOOM classes from the comfort of your home October – December . ZOOM “classrooms” will open 10 minutes before class start time.

All classes are FREE and open to the public!

Morning Meditation: Thursdays 9:00 – 10:00 am - ONLINE

Oct. 7 & 21 Nov. 4 & 18 Dec. 2 & 16

Join us for morning meditation sessions. You will receive basic instruction as well as guided meditations, mindfulness reflections, and time for silent practice. Our practices, which vary week to week, will support you in cultivating mindful awareness, presence, and compassion. All levels are welcomed!

Cultivating Compassion from the Inside Out - ONLINE

Friday, October 29, 9:00 – 10:30 am

Research shows that we are most joyful when we are kind and generous to ourselves and others. Yet, there are barriers to compassion that often stand in our way. This class will explore research on the science of passion to understand our evolutionary and psychological capacity for overcoming our barriers and cultivating greater kindness toward ourselves and others. Through a series of experiential exercises, you will gain tools and strategies that can help you cultivate greater self-compassion and widen your circle of compassion.

Positive Brain Change - ONLINE

Tuesday, November 16, 9:00 – 10:30 am

Recent research in neuroscience tells us that we can change our brains regardless of age or circumstance. This class will explore the concept of positive neuroplasticity, which refers to our ability to rewire our brains toward greater positivity and contentment. We will explore practices that help us undo our negativity bias and direct our brain toward the good. We will experiment with practices that help us develop our inner resources like gratitude, compassion, and resilience.

Register for classes at:

<https://larimer.extension.colostate.edu/classes-and-workshops/health-and-wellness/>

For additional information, contact Sue Schneider, Ph.D. at sdschneider@larimer.org.

Larimer County Farmer’s Market

Saturdays through October 30
9:00 a.m. - 1:00 p.m.

Larimer County Courthouse Parking Lot
200 West Oak Street
Fort Collins, Colorado



The **CAPACITY** of the individual is **INFINITE!**

LIMITATIONS are largely of
habit,
convention,
acceptance of things as they are,
fear, or
lack of self-confidence.

~ **Raymond Plank**, Founder of Ucross Foundation



**Colorado State University Women's Association
2021-2022 Membership Form**

Name _____

Put an "X" in this box if your contact information is the same as it was last year.
IF so, you do not need to fill in address, phone, and email information.

Address _____

City _____ State _____ Zip _____

Preferred phone _____ Other phone _____

Email _____

Optional information

Spouse _____ CSU affiliation _____

Department, College, other

_____ Renewing member

_____ New member

Annual dues: \$25

Make check payable to: CSUWA

Mail annual dues to:

Peggy Reeves, 1931 Sandalwood Lane, Fort Collins CO 80526

Fifteen dollars of your annual dues will be used for scholarships this year!

Please send only dues to **Peggy Reeves**.

Want to give an additional donation?

Please send that directly to the **CSU Foundation** for proper acknowledgement.

Make check payable to the **CSU Foundation**.

Note designation of gift on the memo line of the check.

For example:

CSUWA Endowment; CSUWA Scholarships; or _____ Scholarship, etc.

Send to: PO BOX 1870, Fort Collins, CO 80522-1870.

Questions? Contact **Peggy Reeves**, CSUWA Treasurer, at 970 482-8952.

Members to Keep In Our Thoughts and Prayers

If you know of a CSUWA member you think would like to receive a card because of
illness, bereavement, achievement, or other happening,
please contact CSUWA Corresponding Secretary **Susan McGill** at:

970-493-8694 or smcgill21@comcast.net

